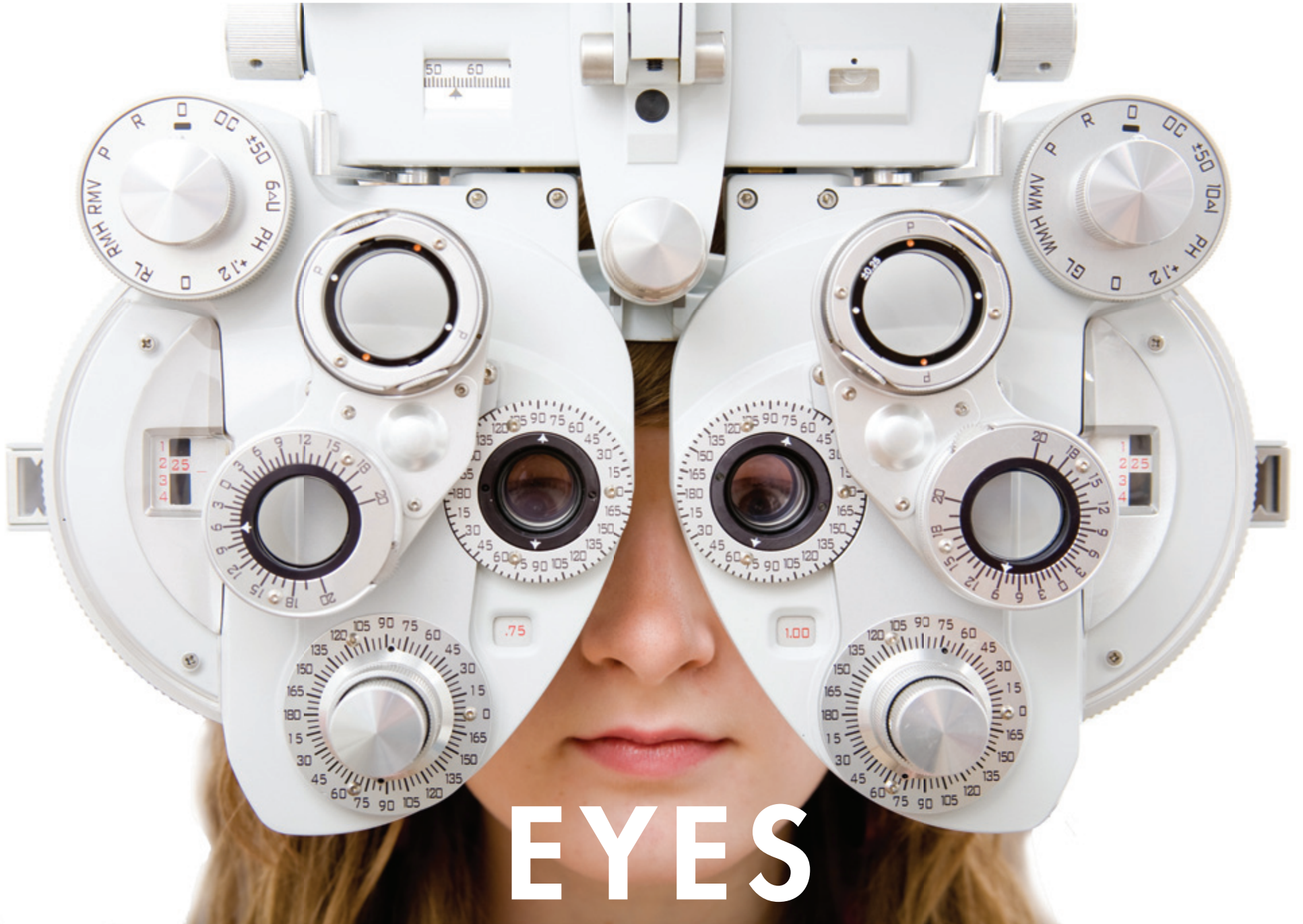


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body APRIL 2019 beautiful
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*Florida Weekly's monthly guide
for healthy people inside and out*



EYES

A WINDOW TO

YOUR OVERALL

HEALTH

BY LAURA TICHY-SMITH

Florida Weekly Correspondent

Whoever said your eyes are the windows to your soul should have said your eyes are the windows to your health. Getting your eyes examined regularly — at least every year or two — can catch a lot more than just whether or not you need glasses. Serious health conditions in other systems of the body can also affect the health of your eyes, so sometimes the first medical practitioner to notice something awry with your overall health might be the eye doctor.

SEE EYES C12 ►

